



9 October 2009

Belmont House School Promotes Healthy Snacks

Pupils from Belmont House School were awarded the winners of a Healthy Snack poster competition organised by the Western Health and Social Care Trust (Western Trust) Health Promotion Department and sponsored by Belly Busters Game Inc.

Health Development Worker, Sarah Davidson, for the Western Trust Health Promotion Department presented certificates to the winners. The winning school also received a copy of the interactive board game Belly Busters, to promote healthy eating and physical activity within the school.

Sarah commended the pupils on their posters saying: "This competition was organised by the Western Trust Health Promotion Department to highlight the importance of healthy eating. Good food habits should be encouraged in children from a young age. Schools are in an ideal position to promote physical activity and healthy eating. The posters produced by Belmont pupils are a colourful and imaginative way of further promoting the importance of healthy eating. They are to be congratulated on their excellent artwork."

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12 Oct 2009 - Belmont Pupils win top prizes in Health Promotion Competition

Congratulations to Molly Yr 3/4 and Shaun Yr 10 on winning joint first prize in the WELB Health Promotion poster competition.



Sarah Davidson from Health Promotion presented the pupils with their prizes at Assembly. The school was also presented with a wonderful Belly Busters Game.